

Sample Bulletin Board #4

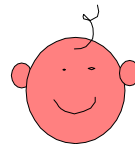
1. Place each question shown below on your bulletin board on white paper with a larger piece of colored paper behind the question. Place the answer below on a different colored paper. Use pictures of babies cut out from magazines to place beside each answer.

OR

2. Using the questions below, ask breastfeeding moms in your clinic to write their answers on a piece of paper and use them instead.

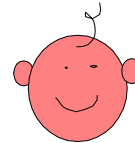
Why should I breastfeed?

Because you and your baby will be healthier if you breastfeed your baby.



I have to go back to school soon anyway. Why start when I will have to stop?

Because a little bit of breastfeeding is better for your baby than none at all. Besides, maybe you can find a way to keep nursing after you go back to school. Many teens do!



I don't want to pump at school. How will my baby get fed while I'm away?

There are lots of ways to continue to give your baby breastmilk. For example, you could nurse at night and weekends but give your baby formula during the day when you are at school or work.

